

Section 1: S	School Pro	file					
School Name:	Community Aca	ademy PCS - Amos I					
Street Address:	1300 Allison St Washington, D						
Does your schoo	ol curently have	a website?		If yes, what is your sch	ool"s we	ebsite addres	s?
Yes				CAPCS.org			
Section 2: ]	Health Ser	vices					
How many scho	ool nurses are av	vailable at your schoo	ol?	Does your school curre health center?	ntly hav	e a school-ba	sed
One				Yes			
School Nurse 1	Coverage			School Nurse Coverage	(Nurse 2	2)	
Full							
Name of Schoo Bonnie DuRant		Nurse 1 - Phone: (202) 723-4100 ext		- Email Address: uRant@CAPCS.org	Nurse 1 Room 1	1 - Suite/Roor 110	n Location:
Name of Schoo	l Nurse 2:	Nurse 2 - Phone:	Nurse 2	- Email Address:	Nurse 2	2 - Suite/Roor	n Location:
N/A		N/A	N/A		N/A		
How many Dep None	artment of Men	tal Health (DMH) Clir	nicians are	e available at your schoo	01?		
DMH Clinician Coverage (Clinician 1): None			DMH Clinician Coverage (Clinician 2): None				
	ol currently hav	e a DMH/ School Me	ntal Healt	h Program or similar sei	vices on	site	
NO *If the school has th	nree or more schoo	I nurses and/or DMH Clii	nicians plea	ase attach additional informa	ntion on ea	ach personnel r	eauested in
section 2.						•	
Section 3: 1	Health Edu	ication Instru	ction				
Does your schoo	l currently have	a certified health tea	icher on s	taff?	No		
Did that teacher	have a concentr	ration in health and p	hysical ec	ducation in college?	No		

For each grade in your school, please indicate the average number of minutes per week during school hours students receive health education instruction.

PK/PS - Prek- Minutes/Wee	Grade 8 - Minutes/Week:
K - Kindergarten - Minutes/Week:	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week:	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week:	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week:	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week:	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week:	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:	UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:	

Is the health education instruction based on the District's health standards that specify what each student should know and be able to do to improve and maintain their health by the end of each grade level?

## **Section 4: Physical Education Instruction**

For each grade in your school, please indicate the average number of minutes per week during school hours students receive in physical education instruction.

PK/PS - Prek- Minutes/Wee	Grade 8 - Minutes/Week:
K - Kindergarten - Minutes/Week:	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week:	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week:	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week:	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week:	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week:	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:	UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:	
Is the physical education instruction based on the Dis identify what each student should know and be able t	
For each grade in your school, please indicate the av physical education instruction.	rerage number of minutes per week during school hours students receive in

PK/PS - Prek- Minutes/Wee	40	Grade 8 - Minutes/Week:
K - Kindergarten - Minutes/Week:	40	Grade 9 - Minutes/Week:
Grade 1 - Minutes/Week:	40	Grade 10 - Minutes/Week:
Grade 2 - Minutes/Week	40	Grade 11 - Minutes/Week:
Grade 3 - Minutes/Week:	40	Grade 12 - Minutes/Week:
Grade 4 - Minutes/Week:	40	Grade 13/Postgraduate - Minutes/Week:
Grade 5 - Minutes/Week:	40	AE - Adult Education - Minutes/Week:
Grade 6 - Minutes/Week:		UG - Ungraded - Minutes/Week:
Grade 7 - Minutes/Week:		
ow does your school promote physica	I activity? (Check all th	hat apply)
ctive Recess, After-School Activities,	Movement in the Class	sroom, Athletic Programs, Before School - Morning Exercise/Yoga

Company name of food service vendor Preferred Meal Systems	s, Inc.
Your Local Education Agency currently has a local wellness policy. Does your local wellness p	policy include the following?
The goals for nutrition education, physical activity, and other school-based activities that are c vellness?	lesigned to promote student Yes
Nutrition guidelines for all foods available on each school campus during the school day with o nealth and reducing childhood obesity?	bbjectives of promoting student Yes
A plan for measuring implementation for the local wellness policy, including designation of 1 c education agency or each school, as appropriate, charged with operational responsibility for e ocal wellness policy?	nsuring that each school fulfills th
	Yes
Community involvement in the development of the school wellness policy?	
	Yes
Goals for improving the environmental sustainability of schools?:	
	Yes
Goals for increasing the use of locally-grown, locally processed, and unprocessed foods grow agriculture practices?	
	Yes
ncreasing physical activity?:	Yes
s your school currently in compliance of its local wellness policy?	Yes
Where can a copy of the policy be found? School Main Office	
Where are the following items located at your school?	
School Menu: School Website , School Cafeteria or Eating Areas	
	feteria or Eating Areas
Nutritional Content of each Menu Item: School Website , School Main Office , School Ca	
Nutritional Content of each Menu Item: School Website , School Main Office , School Cat Ingredients of each Menu Item: School Website , School Main Office , School C	afeteria or Eating Areas
Nutritional Content of each Menu Item: School Website , School Main Office , School Cat   Ingredients of each Menu Item: School Website , School Main Office , School Cat   Information on where fruits served in schools are grown and processed? School Website	afeteria or Eating Areas
Nutritional Content of each Menu Item: School Website , School Main Office , School Cat   Ingredients of each Menu Item: School Website , School Main Office , School C   Information on where fruits served in schools are grown and processed? School Website   Information on where vegetables served in schools are grown and processed? School Website   Does your school offer lunch components that meet the Healthy Schools Act of 2010 lunch School Lunch	afeteria or Eating Areas te , Menus osite , Menus
Nutritional Content of each Menu Item: School Website , School Main Office , School Cat   Ingredients of each Menu Item: School Website , School Main Office , School C   Information on where fruits served in schools are grown and processed? School Website   formation on where vegetables served in schools are grown and processed? School Website   Obes your school offer lunch components that meet the Healthy Schools Act of 2010 lunchease specify if you serve the following: School Schol School School Schol School School School School School School S	afeteria or Eating Areas te , Menus osite , Menus
Iutritional Content of each Menu Item: School Website , School Main Office , School Catal   Ingredients of each Menu Item: School Website , School Main Office , School C   Information on where fruits served in schools are grown and processed? School Website   formation on where vegetables served in schools are grown and processed? School Website   School offer lunch components that meet the Healthy Schools Act of 2010 lui Iui   Iease specify if you serve the following: A different vegetable each day of the week? :	afeteria or Eating Areas te , Menus osite , Menus
Autritional Content of each Menu Item: School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Website , School Main Office , School Cather and School Methods are grown and processed?   School Website , School Main Office , School Cather and School Methods are grown and processed? School Website , School Methods are grown and processed?   School Website , School Methods are grown and processed? School Website , School Website , School Website , School Website , School Methods are grown and processed?   School Methods are grown and processed? School Website , School Methods are grown and processed?   School Offer lunch components that meet the Healthy Schools Act of 2010 lunchese specify if you serve the following:   A different vegetable each day of the week? : Yes   Dark green vegetables at least twice a week? Yes	afeteria or Eating Areas te , Menus osite , Menus
Nutritional Content of each Menu Item: School Website School Main Office School Cat   Ingredients of each Menu Item: School Website School Main Office School C   Information on where fruits served in schools are grown and processed? School Website   Information on where vegetables served in schools are grown and processed? School Website   School offer lunch components that meet the Healthy Schools Act of 2010 lunchease specify if you serve the following: A different vegetable each day of the week? Yes   Dark green vegetables at least twice a week? Yes An orange vegetable at least once a week? Yes	afeteria or Eating Areas te , Menus osite , Menus
Nutritional Content of each Menu Item: School Website , School Main Office , School Call   Ingredients of each Menu Item: School Website , School Main Office , School C   Information on where fruits served in schools are grown and processed? School Website   Information on where vegetables served in schools are grown and processed? School Website   Does your school offer lunch components that meet the Healthy Schools Act of 2010 lupplease specify if you serve the following: Yes   Dark green vegetables at least twice a week? Yes	afeteria or Eating Areas te , Menus osite , Menus
Nutritional Content of each Menu Item: School Website , School Main Office , School Catingredients of each Menu Item:   Ingredients of each Menu Item: School Website , School Main Office , School C   Information on where fruits served in schools are grown and processed? School Website   Information on where vegetables served in schools are grown and processed? School Website   Does your school offer lunch components that meet the Healthy Schools Act of 2010 luplease specify if you serve the following: Yes   A different vegetable each day of the week? Yes   Dark green vegetables at least twice a week? Yes   An orange vegetable at least once a week? Yes	afeteria or Eating Areas te , Menus osite , Menus
Nutritional Content of each Menu Item: School Website , School Main Office , School Catalog   Ingredients of each Menu Item: School Website , School Main Office , School Catalog   Information on where fruits served in schools are grown and processed? School Website   Information on where vegetables served in schools are grown and processed? School Website   Does your school offer lunch components that meet the Healthy Schools Act of 2010 luplease specify if you serve the following: A different vegetable each day of the week? : Yes   Dark green vegetables at least twice a week? Yes   An orange vegetable at least once a week? Yes   Cooked dry beans or peas at least once a week? Yes	afeteria or Eating Areas te , Menus osite , Menus
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## **Section 5: Nutrition Programs**

#### Farm-to-School Program

Does your school serve locally grown, processed, and unprocessed foods from growers engaged in sustainable agricultural practices? Yes

If yes, how often?:

Three or four times per week

Locally-grown means grown in Washington, DC, Maryland, Virginia, Delaware, West Virginia, Pennsylvania, North Carolina, and New Jersey. Preference given to foods grown in Washington, DC, Maryland or Virginia).

Yes

Does your grower engage in sustainable agriculture practices?

Sustainable Agriculture means an integrated system of plant and animal production practices having a site-specific application that will, over the long-term: (a) Satisfy human food and fiber needs; (b) Enhance environmental quality and the natural resources base upon which the agriculture economy depends; (c) Make the most efficient use of non renewable resources and on-farm resources and integrate, where appropriate, natural biological cycles and controls; (d) Sustain the economic viability of farm operations and (e) Enhance the quality of life for farmers and society as a whole.)

•	about the availability of	f vegetarian food options at your	school?	Yes	
If yes, where can they find these of	otions? Inform Food S	Svc./Will require doctor's note			
Are students and parents informed lactose free milk, etc., at your scho		f milk alternatives, such as soy n	nilk,	Yes	
If yes, where can they find these of	otions? Inform Food S	Svc./Will require doctor's note			
School Gardens Program					
Does your school currently have a	School Garden?	No			
If no, is your school going to start a	a garden this school ye	ar? No			
Section 6: Posting a	and Form A	vailability to Pare	ents		
According to section 602(c) of the I information required by subsection	Healthy School Act of 2	2010, "each public school and pul	blic charter		"-
According to section 602(c) of the I	Healthy School Act of 2 (a) online if the school	2010, "each public school and pul	blic charter n available		n.
According to section 602(c) of the linformation required by subsection	Healthy School Act of 2 (a) online if the school	2010, "each public school and public school and public has a website and make the form Online (posting date), Copies	blic charter n available		".
According to section 602(c) of the linformation required by subsection	Healthy School Act of 2 (a) online if the school available to parents? Online - Posting	2010, "each public school and public school and public has a website and make the form Online (posting date), Copies Available at Main Office, Cafete	blic charter n available rria		".
According to section 602(c) of the linformation required by subsection	Healthy School Act of 2 (a) online if the school available to parents? Online - Posting	2010, "each public school and put has a website and make the form Online (posting date), Copies Available at Main Office, Cafete 10/1/2010	blic charter n available rria 1/12/2	to parents in its office	»